

If you are struggling with any physical ailment today Remember that Jesus is your healer. Confess every day, all throughout the day "Jesus, You are My healer". Meditate on healing scriptures until they are so apart of you that no disease, no doubt and no devil can take your healing from you. Listen to these healing songs and play them until the truth that you ARE healed sinks down into your heart and affects your body.

Proverbs 18:21 says that Life and death is in the power of the tongue, In Mark 11:23 Jesus saidhe shall have whatsoever he saith about the person who believed that what he said would come to pass.....Prov 4:22 says that God's word, when it is given attention to, will bring life to those that find it and health to all their flesh. We're going to lead you now in some healing confessions. Just confess these promises right now after me, make them your own 'til they become a part of you.

Just a brief checklist before we start this confession:

One.....make sure you have forgiven anyone that you have any negative feelings toward...for any reason.....this includes yourself, if you feel condemned for any sins or mistakes you've made confess them to God, ask His forgiveness and then forgive yourself. You MUST DO THIS. If you condemn yourself you are taking the place of God and Judging yourself. Forgive yourself now for all your mistakes and failures even as God does.

Two.....speak blessings on others that you know to be fighting sicknesses and ask God (specifically) to bless those that have hurt you! O, I can hear you now...."I can't do that" well then you'll just have to stay sick. Bitterness will kill any of us who won't turn loose of it!

Three.....Decide right now that you will receive God's promise of Healing, no matter what.....The devil cannot take it from you....The bible says that the promises of God are yes to those in Christ Jesus. The answer is already yes.....Claim that now and be like the bull dog who won't turn loose of the bone. No matter what....don't turn loose of your healing and Resist sickness like you would resist sin. They are both from the same place!

Confessions For Health and Healing

Jesus is my Lord. God raised Him from the dead. He was my substitute. He is my Savior; satan has no power over me. Jesus is my Lord. (Philippians 2:11; Romans 10:9-10)

I serve the One Whose Name is, "I Am the Lord Who heals you." (Exodus 15:26)

Jesus is the Healer; satan is the oppressor. For Acts 10:38 says "God anointed Jesus of Nazareth with the Holy Spirit and with power, Who went about doing good and healing all that were oppressed by the devil."

Jesus Christ is the same yesterday, and today, and forever. (Hebrews 13:8)

Jesus came that I may have life and have it in its fullness. (John 10:10)

God desires that I prosper and be in health. (3 John 2)

My God is supplying all I need according to His riches in glory by Christ Jesus. (Philippians 4:19)

The Lord is my Helper. I will not be afraid. (Hebrews 13:6)

God says in His Word in Joel 3:10, "Let the weak say, I am strong." I am strong in the Lord.

God says in His Word in Isaiah 33:24, "The inhabitant will not say, I am sick." Therefore I will not say it. I will say what God has said in His Word, "By His wounds I have been healed." (1 Peter 2:24)

Jesus says in Mark 11:23, "whoever says to this mountain, 'Be removed, and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will come to pass, he will have whatever he says." Therefore, mountain of sickness, be removed from me, and be cast into the sea. You have to because I command it in the authority of Jesus' Name.

According to Jesus, since I do not doubt in my heart, but I believe those things I say will come to pass, I will have what I say. Therefore, by faith, I will say these confessions.

Hebrews 3:1 and 4:14 say Jesus is the High Priest of my confession, so I will only speak words that I desire Jesus to say about me.

Death and life are in the power of the tongue. Therefore I will speak words of life. Jesus says in John 6:63 that His words are life, so I will speak them. (Proverbs 18:21)

When I speak God's Word I am planting good seed in my life. (Luke 8:11)

I will hold fast to the confession of God's Word without wavering, for He Who promised is faithful. (Hebrews 10:23; Hebrews 4:14)

I do not waver at the promise of God through unbelief, but I am fully convinced that what He has promised He is also able to perform. (Romans 4:20,21)

I am not weak in faith, so I do not consider my own body above what God has said. (Romans 4:19)

I do not put my confidence in the flesh. (Philippians 3:3)

I'm not moved by what I feel. I'm not moved by what I see. For I "walk by faith, not by sight." (2 Corinthians 5:7) I'm moved only by what I believe. I believe the Word of God.

Father, your Word is truth. (John 17:17)

I will give attention to God's words, I will incline my ear to His sayings. I will not let them depart from my eyes. I will keep them in my heart. They are life to me for I have found them, and they are health, healing and medicine to all my flesh. (Proverbs 4:20-22)

Pleasant words are health, healing and medicine to my bones. (Proverbs 16:24)

God's Word of grace builds me up and gives me my inheritance. (Acts 20:32)

Jesus says if I continue in His Word, I will know the truth, and the truth will make me free. (John 8:31-32)

I have been called to freedom. (Galatians 5:13)

Because I am Christ's, I am a child of Abraham, and according to Jesus in Luke 13:16, I ought to be loosed from all bondage today (because God shows no partiality. Acts 10:34) (Galatians 3:7,29)

I am God's workmanship, created in Christ Jesus. (Ephesians 2:10)

I am a new creation in Christ Jesus. Old things have passed away. All things have become new and all things are of God. (2 Corinthians 5:17)

I am complete in Jesus, Who is the head of all rule and authority. (Colossians 2:10)

My body is the temple of the Holy Spirit Who is in me, and I am not my own. I am bought at a price. So I will glorify God in my body and my spirit. (1 Corinthians 6:19-20)

I present my body to God as a living sacrifice. (Romans 12:1)

Christ has redeemed me from the curse of the law, which includes all sickness. So I forbid all sickness and disease in my body. Every disease germ and virus that touches my body dies instantly. Every cell, organ, member, and system of my body functions perfectly, and I forbid any malfunction, in the supreme authority of the Name of Jesus. (Galatians 3:13; Deuteronomy 28:61; Matthew 16:19; Philippians 2:9)

I am a believer. All things are possible to me. (Mark 9:23)

I can do all things through Christ Who strengthens me. (Philippians 4:13)

The Lord is the strength of my life. (Psalm 27:1)

I am strong in the Lord and in His mighty power. (Ephesians 6:10)

Greater is He that is in me than he (the defeated one), that is in the world, (who is the author of sickness). (1 John 4:4; Acts 10:38; Luke 13:16)

My Father has made me able to be a partaker of my inheritance. He has delivered me from the authority of darkness, and has translated me into

the kingdom of His dear Son, in Whom I have my redemption through His blood. (Colossians 1:12-14)

I am an overcomer and I overcome by the blood of the Lamb and the word of my testimony. (1 John 4:4; Revelation 12:11)

I am submitted to God by being submitted to His Word, and the devil flees from me because I resist him in the supreme authority of the Name of Jesus. (James 4:7; Mark 16:17)

No weapon formed against me shall prosper, for my righteousness is of the Lord. (Isaiah 54:17; 1 Corinthians 1:30)

There shall nothing evil happen to me, neither shall any plague or sickness come near me. (Psalm 91:10)

Jesus gave me authority over all the power of the enemy, and nothing shall hurt me. (Luke 10:19; Mark 16:17)

I do not return evil for evil, but on the contrary blessing, that I may obtain a blessing. (1 Peter 3:9)

I forgive others freely as God has forgiven me. I don't hold anything against anyone. (Ephesians 4:32; Mark 11:25)

I refrain my tongue from evil. I turn away from evil and do good. I seek peace and pursue it. So I will love life and see good days. (1 Peter 3:10,11)

I have a merry heart and that does me good like medicine. (Proverbs 17:22)

I have cast all my cares on the Lord for He cares for me. I refuse to worry about anything. (1 Peter 5:7)

I serve the Lord my God, and He blesses my bread, and my water, and He has taken sickness away from me. For Jesus, Himself, took my infirmities and bare my sicknesses away. (Exodus 23:25; Matthew 8:17)

Surely He has borne my sicknesses and carried my pains, yet we did esteem Him stricken, smitten by God, and afflicted. But He was wounded for my

transgressions, He was bruised for my iniquities, the chastisement for my peace was upon Him, and by His stripes I am healed. (Isaiah 53:4,5)

Christ my passover was sacrificed for me. So all sickness and death has to pass over me and my household. (1 Corinthians 5:7; Exodus 12)

I am blessed above all people. The Lord has taken away from me all sickness. (Deuteronomy 7:14,15)

God sent His Word and healed me, and delivered me from destruction. (Psalm 107:20)

The number of my days God will fulfill. (Exodus 23:26)

Bless the Lord, O my soul; and all that is within me, bless His holy Name!
Bless the Lord, O my soul, and forget not all His benefits: Who forgives all my iniquities, Who heals all my diseases, Who redeems my life from destruction, Who crowns me with lovingkindness and tender mercies, Who satisfies my mouth with good things, so that my youth is renewed like the eagle's. (Psalm 103:1-5)

Jesus loves me!

I BOLDLY PROCLAIM:

I was healed 2000 years ago by Jesus' stripes, and redeemed by his blood He shed for me on the cross.

Thank you Jesus, that you took all my diseases & infirmities to the cross with you, so that I no longer have to suffer.

I am the Body of Christ, and His Body is never ill.

I am the Temple of the Holy Spirit, and where the Spirit is, no sickness may dwell.

I live by faith, and not by sight, so all my symptoms are lies of the devil, for satan is the father of lies.

No matter what my flesh tells me, I believe in the absolute word of God, which says I am healed.

Jesus is my healer. He was never ill, and I am in Him.

I am God's child, and not one of his own can be ill.

I can do all things in Christ who strengthens me.

God renews my youth like the eagle's.

God is love, and He loves me enough to keep me healthy & strong so that I can continue to do His Will in my life.

I forgive all those who have wronged me in the past, and pray for the mercy of God to save them.

I will turn the other cheek to all that hurt me, and pray for my enemies, as vengeance is the Lord's.

I forgive myself for all my mistakes, for dwelling on thoughts that are not in alignment with God's Word, and bring all my thoughts henceforth to the mind of Christ.

I love myself as God loves me, a perfect child of the Father, an heir to Heaven, a brother or sister to Jesus, and the Temple of the Holy Spirit.

I give up all control of my life to God. He knows all, especially what is best for me, and I repent of worrying.

I give up trying to please everyone in my life. It is not possible. Therefore, I will strive to please only one, and that is God, at all times.

I sleep like a baby because all my cares are cast on the Lord. He keeps me safe from all harm, and my sleep is sweet.

As I sleep, my body is renewed, and my strength and energy are restored, so I wake up feeling refreshed.

As I awaken, I will commune with the Holy Spirit to receive the Lord's direction for me this day, and fill my spirit with His presence.

I put on my full armor of God every morning, just as I put on my physical clothing.

Strength is built up in my body and mind as stress is relieved by exercising everyday.

I build my faith as I spend time in the Word daily.

I judge my heart rightly, and ask forgiveness immediately when I sin.

I ask the Lord for wisdom, and to show me where I need healing in my spirit, so that I may receive healing in my body.

Confession for Chronic and Severe Cases

Mark 11:23 says we can have what we say and Matt 18:19 says that if any 2 of us agree together it shall be done!

Because of this I confidently say I , **am healing quickly**....Isaiah 58:8 says that my light is breaking forth like the dawn and my **health is springing forth speedily**, the new international version says "**my healing will quickly appear**". Because of the Word of God and my faith I am healing at an accelerated rate. According to my faith and because of prayers prayed day and night God is **avenging me speedily** the Message Bible says "**he will not drag His feet**".

(Luke 18:8)

Jer 33:6 says ""Nevertheless, **I will bring health and healing**...; I will heal my people and will let them enjoy abundant peace and security." I apply this promise of the word today. **God is bringing health and healing to me, and I will enjoy, yes ENJOY abundant peace and security!**

Jer 30:17 says that God is restoring my health and healing me of my wounds, health and healing are coming to me now!!

Joel 2:25 says that God will restore to me the years stolen by the enemy!! I will live a long life and any negative effects of this treatment is rendered null and void by God's promise to me. God is restoring all that has been stolen by this disease and this treatment and In Jesus' Name I will live a long, full life! According to Ps 91:16 I will be satisfied with a long life and then see God's salvation!

...I am not depressed, sad and overwhelmed for the joy of the Lord is my strength (Neh 8:10) and in His presence there is fulness of joy. (Ps 16:11) God's presence is here with me and His joy is coming now and filling my body and mind and causing a quick and complete healing. At destruction and famine I will laugh.... this is where my strength comes from and a merry heart is a good medicine, HA, HA, HA. (don't leave this part out MAKE YOURSELF LAUGH!! I MEAN IT) What the devil sent to destroy me is making me stronger HA, HA, HA!. (Prov 17:22)

....**I am strong, strength is coming to me now** as I rest in God's presence. I am strong in the Lord and in the power of his might.... I am being fully restored. The Life of God is working in my body, the same Spirit of Life that raised up Jesus from the dead is raising me up and working in my body.

...I am not alone! My family and friends are praying for me every single day. I am in their thoughts and hearts. I am surrounded by God's angels. They are ministering to me and delivering me from evil. (Psalm 37:4) God the Father, Jesus and the Holy Spirit are all with me and I am covered in a warm blanket of Love and Acceptance. Because the blood of Jesus has been applied to my life, no evil can touch me. I am safe and protected and Loved!!